



RESULTS - DAY 1

2019 AROCA Regional Sprint Championships (Sanctioned)
Sat, 07 Dec 2019



001	Int Women - W1 500	Heat 1 / 5	8:14 AM	Lane	Time
1st	HETA, Judy	Te Pou Herenga Waka Ama Club Inc.	4		3:14.29
2nd	HOTERE THOMPSON, Atiria	Nga Hoe Horo Outrigger Canoe Club	2		3:17.08
3rd	RAHEKE-FARIU, Christine	Cook Islands Outriggers Association	5		3:33.56
4th	WATENE, Tua-Iwa	Ocean Blue Sports Club	6		3:33.80
5th	ROI, Jaylah	Tamaki Outrigger Canoe Club	7		3:43.50
6th	CRIBB, Karah	Te Paerangi Waka Ama Inc	1		4:26.75
7th	MOKARAKA, Tinaysha	Te Paerangi Waka Ama Inc	3		5:27.71
002	Int Women - W1 500	Heat 2 / 5	8:22 AM	Lane	Time
1st	PIRIPI, Waitangi	Nga Hoe Horo Outrigger Canoe Club	6		3:06.29
2nd	MCLEOD, Lynara	Te Pou Herenga Waka Ama Club Inc.	5		3:32.35
3rd	RAPANA, Juanita	Cook Islands Outriggers Association	4		3:35.88
4th	HARRIMAN, Noval	Te Paerangi Waka Ama Inc	7		3:43.30
5th	AMADIA KAHIKA-OTIA, Emma-	Waitakere Outrigger Canoe Club Inc	2		3:57.08
6th	KINGI, Amorangi	Manukau Outrigger Canoe Club	1		3:57.96
7th	MONGA, Nellie	Te Paerangi Waka Ama Inc	3		4:21.76
003	Int Women - W1 500	Heat 3 / 5	8:33 AM	Lane	Time
1st	MCLEOD-TAHANA, Ocean	Te Pou Herenga Waka Ama Club Inc.	6		3:32.57
2nd	STRICKLAND, Donna	Tamaki Outrigger Canoe Club	1		3:36.69
3rd	POU - HAEREITI, Atareta	Nga Hoe Horo Outrigger Canoe Club	3		3:38.77
4th	SO'OA UTUMAPU, Makayla	Cook Islands Outriggers Association	7		3:40.44
5th	MORETE, Melrose	Te Paerangi Waka Ama Inc	2		4:02.63
6th	PETERSEN, Zara	Manukau Outrigger Canoe Club	5		4:11.53
DNS	KORO-BROUGHTON, Miliana	Te Paerangi Waka Ama Inc	4		
004	Int Women - W1 500	Heat 4 / 5	8:39 AM	Lane	Time
1st	RETI, Chelsea	Nga Hoe Horo Outrigger Canoe Club	1		3:30.31
2nd	LOGO-OLO, Sahara	Te Paerangi Waka Ama Inc	3		3:31.96
3rd	KAY, Peyton	Waitakere Outrigger Canoe Club Inc	7		3:36.93
4th	MCEWAN, Sienna	Manukau Outrigger Canoe Club	2		3:53.62
5th	SEYMOUR, Te Awe	Te Pou Herenga Waka Ama Club Inc.	4		3:59.51
6th	TUIONETOA, Palu	Cook Islands Outriggers Association	6		4:19.79
005	Int Women - W1 500	Heat 5 / 5	8:46 AM	Lane	Time
1st	WILLIAMS-HARRIS, Eternity	Nga Hoe Horo Outrigger Canoe Club	1		3:28.27
2nd	HALLIGAN, Mersadies	Te Pou Herenga Waka Ama Club Inc.	3		3:33.20
3rd	MARSTERS-HEREWINI, Raiha	Waitakere Outrigger Canoe Club Inc	2		3:46.75
4th	SU'A, Coraleigh	Te Paerangi Waka Ama Inc	4		3:54.69
5th	TOLOA, Marnie	Te Pou Herenga Waka Ama Club Inc.	5		3:57.79
6th	MIKA, Mya-Ciara	Te Paerangi Waka Ama Inc	6		3:59.74



RESULTS - DAY 1

2019 AROCA Regional Sprint Championships (Sanctioned)
Sat, 07 Dec 2019



006	Int Men - W1 500	Heat 1 / 3	8:52 AM	Lane	Time
1st	HETA, Tamati	Cook Islands Outriggers Association	4	2:46.57	
2nd	FARIU-MISIEPO, Soul	Manukau Outrigger Canoe Club	6	3:05.48	
3rd	CLARK-SMITH, Caleb	Tu Tangi Ora - Waka Ama Inc.	1	3:29.77	
4th	PANIANI, Mathew	Te Paerangi Waka Ama Inc	3	3:42.04	
5th	TUPOU, Viliami	Te Paerangi Waka Ama Inc	7	3:52.93	
6th	COWAN, Jesaias	Akarana	5	3:53.10	
7th	TAURUA, Mikiah	Waitakere Outrigger Canoe Club Inc	2	4:24.78	
007	Int Men - W1 500	Heat 2 / 3	8:59 AM	Lane	Time
1st	RETI, Elite	Nga Hoe Horo Outrigger Canoe Club	3	3:12.05	
2nd	MORUNGA, Sonny	Te Pou Herenga Waka Ama Club Inc.	1	3:30.84	
3rd	BARRETT, Pharez	Manukau Outrigger Canoe Club	5	3:38.29	
4th	OLIVER-CHAMBERS, Ottis	Tu Tangi Ora - Waka Ama Inc.	4	3:50.70	
5th	WAIHIRERE, LaRome	Ocean Blue Sports Club	6	3:51.17	
6th	PANIANI, Tongia	Te Paerangi Waka Ama Inc	2	4:09.85	
008	Int Men - W1 500	Heat 3 / 3	9:05 AM	Lane	Time
1st	TOLOA, Marlin	Te Pou Herenga Waka Ama Club Inc.	2	3:18.61	
2nd	PARSONS, Liam	Te Paerangi Waka Ama Inc	5	3:39.66	
3rd	ESTALL-ARAI, Teheiva	Akarana	3	3:49.98	
4th	ENOKA, Okotai	Te Paerangi Waka Ama Inc	6	4:06.28	
5th	MAIHI, Peter	Ocean Blue Sports Club	1	4:27.28	
DNS	APPLEYARD, Rehutai	Waitakere Outrigger Canoe Club Inc	4		
009	J16 Women - W1 500	Heat 1 / 6	9:11 AM	Lane	Time
1st	HETA, Aria	Te Paerangi Waka Ama Inc	1	3:06.63	
2nd	MULIAGA, Nu'u	Tamaki Outrigger Canoe Club	3	3:11.57	
3rd	MUAULU, Jorja	Cook Islands Outriggers Association	6	3:15.80	
4th	MORINI, Te Aorangi	Waitakere Outrigger Canoe Club Inc	5	3:18.97	
5th	JORDAN, Lucy	Ocean Blue Sports Club	2	3:20.83	
6th	TAIONE, Iyla	Te Paerangi Waka Ama Inc	7	3:39.36	
7th	LEMALU, Vivian	Manukau Outrigger Canoe Club	4	3:55.41	
010	J16 Women - W1 500	Heat 2 / 6	9:17 AM	Lane	Time
1st	LIUFALANI, Abigail	Manukau Outrigger Canoe Club	1	3:15.29	
2nd	DAY, Bella-rose	Waitakere Outrigger Canoe Club Inc	5	3:20.78	
3rd	EDWARDS, Erana	Te Pou Herenga Waka Ama Club Inc.	3	3:25.51	
4th	PACKER, Jorja	Cook Islands Outriggers Association	2	3:27.88	
5th	MARSHALL ROYAL, Harmony	Ocean Blue Sports Club	4	3:39.99	
6th	PAKINGA, Nadia	Waitakere Outrigger Canoe Club Inc	7	3:40.80	
7th	KARAKA-WHITTAKER, Kata	Te Paerangi Waka Ama Inc	6	3:44.63	



RESULTS - DAY 1

2019 AROCA Regional Sprint Championships (Sanctioned)
Sat, 07 Dec 2019



011	J16 Women - W1 500	Heat 3 / 6	9:25 AM	Lane	Time
1st	PUA, Tekira	Cook Islands Outriggers Association	3		3:14.54
2nd	SMITH, Serenity	Tamaki Outrigger Canoe Club	7		3:18.99
3rd	LIMMER, Holly	Tu Tangi Ora - Waka Ama Inc.	4		3:27.19
4th	PENEHIRA-HAWKE, Tu Te Kiha	Waitakere Outrigger Canoe Club Inc	5		3:29.46
5th	GOLDRING, Kahurangi	Te Pou Herenga Waka Ama Club Inc.	2		3:37.52
6th	PIHEMA, Sariah	Ocean Blue Sports Club	6		3:42.60
7th	KUBUABOLA, Henaci	Te Paerangi Waka Ama Inc	1		3:49.94
012	J16 Women - W1 500	Heat 4 / 6	9:30 AM	Lane	Time
1st	PICKERING, Paris	Waitakere Outrigger Canoe Club Inc	1		3:07.88
2nd	TAIA, Terina	Cook Islands Outriggers Association	3		3:16.94
3rd	KOROHEKE, Tiare-Jean	Cook Islands Outriggers Association	6		3:28.36
4th	BROWN-WILSON, Marley	Te Paerangi Waka Ama Inc	7		3:34.04
5th	GREGORY, Te Arai	Waitakere Outrigger Canoe Club Inc	5		3:42.71
6th	TAIPARI, Brooklyn	Te Pou Herenga Waka Ama Club Inc.	4		3:44.02
7th	MORETE, Taylynn	Te Paerangi Waka Ama Inc	2		5:06.52
013	J16 Women - W1 500	Heat 5 / 6	9:37 AM	Lane	Time
1st	NGATAKI, Teagan	Te Paerangi Waka Ama Inc	3		3:08.21
2nd	LEEF, Le'Shayne	Cook Islands Outriggers Association	4		3:25.52
3rd	UPWARD-SIMEON, Waimihi	Te Pou Herenga Waka Ama Club Inc.	2		3:25.83
4th	HOGG, Te Awerangi	Aratika Water Sports Club	5		3:26.74
5th	FAAPELELE, Nataria	Te Paerangi Waka Ama Inc	7		3:27.44
6th	HANSEN, Karamea	Waitakere Outrigger Canoe Club Inc	1		3:36.49
014	J16 Women - W1 500	Heat 6 / 6	9:43 AM	Lane	Time
1st	FRASER, Jae	Te Paerangi Waka Ama Inc	6		3:00.34
2nd	SEUMALO, Sala	Te Paerangi Waka Ama Inc	5		3:08.26
3rd	MATTHES, Kalani	Waitakere Outrigger Canoe Club Inc	2		3:16.72
4th	TUMOANA, Ngarangi	Waitakere Outrigger Canoe Club Inc	4		3:17.16
5th	FARIU, Mercy River	Manukau Outrigger Canoe Club	3		3:19.38
6th	LAM, Victoria-Leigh	Tamaki Outrigger Canoe Club	1		3:37.61
7th	MATAROA, Carolina	Cook Islands Outriggers Association	7		3:52.25
015	J16 Men - W1 500	Heat 1 / 4	9:49 AM	Lane	Time
1st	HEPI-NGARONGO, Jaksyn	Cook Islands Outriggers Association	1		2:51.44
2nd	RAPANA, Elijah	Cook Islands Outriggers Association	2		2:53.45
3rd	POMARE, Byron	Nga Hoe Horo Outrigger Canoe Club	8		2:59.29
4th	MORUNGA, Steve	Te Pou Herenga Waka Ama Club Inc.	3		3:01.33
5th	HEEM, Wiremu	Waitakere Outrigger Canoe Club Inc	7		3:03.75
6th	BARRETT, Azlan	Manukau Outrigger Canoe Club	5		3:04.59
7th	TE TUPUARIKI, Roriki	Manukau Outrigger Canoe Club	4		3:06.19
8th	PAREANGA, Teremoana	Te Paerangi Waka Ama Inc	6		3:22.30



RESULTS - DAY 1

2019 AROCA Regional Sprint Championships (Sanctioned)
Sat, 07 Dec 2019



016	J16 Men - W1 500	Heat 2 / 4	9:54 AM	Lane	Time
1st	GRBIC, Pharrel	Manukau Outrigger Canoe Club	1	2:47.64	
2nd	WIKI, Jakoda	Manukau Outrigger Canoe Club	8	2:49.78	
3rd	RAPANA, Isaiah	Cook Islands Outriggers Association	6	2:50.27	
4th	KAY, Lycan	Waitakere Outrigger Canoe Club Inc	4	2:54.78	
5th	MARTIN, Jaydon	Cook Islands Outriggers Association	3	3:01.26	
6th	TUPOU, Ahovalu	Te Paerangi Waka Ama Inc	5	3:03.04	
7th	MORETE, Boston	Portage Crossing	7	3:05.10	
8th	RETI, Romaine	Nga Hoe Horo Outrigger Canoe Club	2	3:06.19	
017	J16 Men - W1 500	Heat 3 / 4	9:59 AM	Lane	Time
1st	BERNARD HEKA, Ryan	Te Paerangi Waka Ama Inc	5	2:53.55	
2nd	WILSON, Mahaki	Manukau Outrigger Canoe Club	3	2:55.58	
3rd	MARTIN, Tangi	Cook Islands Outriggers Association	6	3:02.62	
4th	SMITH, Hayden	Cook Islands Outriggers Association	4	3:06.44	
5th	PAKINGA, Adrian	Waitakere Outrigger Canoe Club Inc	2	3:07.94	
6th	TUPOU, Taniora	Te Paerangi Waka Ama Inc	1	3:09.46	
7th	SAVAGE, Nepia	Manukau Outrigger Canoe Club	7	3:30.06	
018	J16 Men - W1 500	Heat 4 / 4	10:05 AM	Lane	Time
1st	TIMMO-COLLINS, Jonte	Cook Islands Outriggers Association	1	2:56.28	
2nd	LEES, Sam	Tu Tangi Ora - Waka Ama Inc.	3	2:59.24	
3rd	HEEM, Windsor	Waitakere Outrigger Canoe Club Inc	6	3:02.93	
4th	TAUREREWA, Tuwharetoa	Waitakere Outrigger Canoe Club Inc	2	3:17.71	
5th	MATENE, Tyton	Cook Islands Outriggers Association	5	3:25.24	
6th	PANIANI, Augustine	Te Paerangi Waka Ama Inc	4	3:34.98	
7th	SMITH-NANSEN, Bevron	Manukau Outrigger Canoe Club	7	3:41.91	
019	J19 Women - W1 500	Heat 1 / 5	10:10 AM	Lane	Time
1st	BEN, Geneva	Te Paerangi Waka Ama Inc	4	3:01.14	
2nd	PHILLIPS, Maria	Te Paerangi Waka Ama Inc	3	3:04.70	
3rd	LIUFALANI, Ahomai	Manukau Outrigger Canoe Club	6	3:13.05	
4th	NICOL, Anahera	Waitakere Outrigger Canoe Club Inc	7	3:16.15	
5th	TUROA, Cheyenne	Te Paerangi Waka Ama Inc	1	3:17.94	
6th	HOHUA-KORA, Kaya	Waitakere Outrigger Canoe Club Inc	2	3:18.30	
7th	HILL, Anya	Cook Islands Outriggers Association	5	3:22.37	
020	J19 Women - W1 500	Heat 2 / 5	10:16 AM	Lane	Time
1st	PIHAMA, Ngawairere	Waitakere Outrigger Canoe Club Inc	5	3:07.62	
2nd	RAMEA ANGUS, Matangaro	Te Paerangi Waka Ama Inc	4	3:09.47	
3rd	LIUFALANI, Teina	Manukau Outrigger Canoe Club	7	3:10.14	
4th	BROWN-WILSON, Casey	Te Paerangi Waka Ama Inc	2	3:15.37	
5th	LEMALU, Danessa	Waitakere Outrigger Canoe Club Inc	1	3:17.94	
6th	WILLIAMS, Ashley	Te Paerangi Waka Ama Inc	6	3:22.37	
7th	TARINGA, Noeramiah	Cook Islands Outriggers Association	3	3:25.60	



RESULTS - DAY 1

2019 AROCA Regional Sprint Championships (Sanctioned)
Sat, 07 Dec 2019



021	J19 Women - W1 500	Heat 3 / 5	10:22 AM	Lane	Time
1st	NGAWAKA, Reneeah	Te Paerangi Waka Ama Inc		5	2:57.04
2nd	WATENE, O'ceanea	Cook Islands Outriggers Association		4	3:09.20
3rd	TE KAHU-RUDOLPH, Decima	Waitakere Outrigger Canoe Club Inc		1	3:09.55
4th	PERETINI, Clare	Manukau Outrigger Canoe Club		6	3:12.21
5th	MARSTERS-HEREWINI, De	Waitakere Outrigger Canoe Club Inc		7	3:18.63
6th	CROSSAN, Elysia	Waitakere Outrigger Canoe Club Inc		2	3:44.88
022	J19 Women - W1 500	Heat 4 / 5	10:27 AM	Lane	Time
1st	NOBLE, Imogene	Te Paerangi Waka Ama Inc		2	2:57.32
2nd	BERRYMAN, Pounamu	Te Paerangi Waka Ama Inc		8	3:08.67
3rd	WATENE, Taylar-Jade	Cook Islands Outriggers Association		5	3:09.14
4th	TUMOANA, Te Ua	Waitakere Outrigger Canoe Club Inc		7	3:11.51
5th	TE-PUIA-AFOA, Tahnee	Te Paerangi Waka Ama Inc		3	3:17.16
6th	ZICKERT, Angelina	Tu Tangi Ora - Waka Ama Inc.		4	3:20.58
7th	ROSIEUR, Mereana	Manukau Outrigger Canoe Club		6	3:30.67
023	J19 Women - W1 500	Heat 5 / 5	10:32 AM	Lane	Time
1st	TIMMO-COLLINS, Grace	Te Paerangi Waka Ama Inc		6	3:00.36
2nd	FIDOW, Nirvana	Manukau Outrigger Canoe Club		7	3:08.69
3rd	NEPE-ARMITT, Hinemaia	Waitakere Outrigger Canoe Club Inc		2	3:09.50
4th	TAOIRANGI-TIAKIWAI, Helena	Manukau Outrigger Canoe Club		5	3:11.30
5th	ARONA, Kaiah	Te Paerangi Waka Ama Inc		1	3:20.87
6th	HAKARAIA-TURNER, Ciccone	Waitakere Outrigger Canoe Club Inc		3	3:34.15
DNS	PARRY, Jess	Te Paerangi Waka Ama Inc		4	
024	J19 Men - W1 500	Heat 1 / 4	10:37 AM	Lane	Time
1st	PEYROUX, Jezius	Manukau Outrigger Canoe Club		1	2:38.06
2nd	WATENE, Gianni	Waitakere Outrigger Canoe Club Inc		5	2:48.35
3rd	NATHAN, Tai	Waitakere Outrigger Canoe Club Inc		3	2:52.32
4th	VAIHU, Vincent	Manukau Outrigger Canoe Club		4	2:53.27
5th	CAMERON, Jake	Tu Tangi Ora - Waka Ama Inc.		2	2:54.46
6th	SINGE, Noah	Te Pou Herenga Waka Ama Club Inc.		6	2:56.96
7th	BENNETT, Brodie	Waitakere Outrigger Canoe Club Inc		7	3:06.82
025	J19 Men - W1 500	Heat 2 / 4	10:41 AM	Lane	Time
1st	TANIRAU, Tawhai	Waitakere Outrigger Canoe Club Inc		6	2:49.97
2nd	STIRLING, Te Awa	Manukau Outrigger Canoe Club		5	2:53.65
3rd	CHASE, Kaya	Manukau Outrigger Canoe Club		7	2:58.68
4th	ROBERTS, Noah	Waitakere Outrigger Canoe Club Inc		2	3:01.13
5th	FRUEAN, Nicolas	Waitakere Outrigger Canoe Club Inc		3	3:02.05
6th	OLIVER-CHAMBERS, Oscar	Tu Tangi Ora - Waka Ama Inc.		1	3:02.46
7th	WHAANGA, Ben	Manukau Outrigger Canoe Club		4	3:05.24



RESULTS - DAY 1

2019 AROCA Regional Sprint Championships (Sanctioned)
Sat, 07 Dec 2019



026	J19 Men - W1 500	Heat 3 / 4	10:46 AM	Lane	Time
1st	SUITAULOVA, Jake	Manukau Outrigger Canoe Club	5	2:33.33	
2nd	TAIPARI, Damethias	Waitakere Outrigger Canoe Club Inc	2	2:52.14	
3rd	HOUIA, Anaru	Waitakere Outrigger Canoe Club Inc	4	2:53.79	
4th	COOPER, Christian	Tui Tonga Canoe Club	6	3:14.91	
5th	LINES, Robin	Te Pou Herenga Waka Ama Club Inc.	3	3:34.23	
DNS	LILO, Isaac	Manukau Outrigger Canoe Club	1		

027	J19 Men - W1 500	Heat 4 / 4	10:51 AM	Lane	Time
1st	NGATAKI, Kacey	Manukau Outrigger Canoe Club	1	2:30.37	
2nd	MANUKA, Richard	Aratika Water Sports Club	3	2:41.96	
3rd	TE NAMU, Harlem	Manukau Outrigger Canoe Club	4	2:42.89	
4th	TAKA-BROWN, Ihaka	Waitakere Outrigger Canoe Club Inc	2	2:47.00	
5th	MACGREGOR, Kazin	Waitakere Outrigger Canoe Club Inc	6	2:50.75	
6th	RAPATA, Logan	Te Pou Herenga Waka Ama Club Inc.	5	3:15.53	

028	Int Women - W1 500	Champ Final	11:10 AM	Lane	Time
*	PIRIPI, Waitangi	Nga Hoe Horo Outrigger Canoe Club	9	3:22.85	
1st	HETA, Judy	Te Pou Herenga Waka Ama Club Inc.	1	3:36.27	
2nd	MCLEOD-TAHANA, Ocean	Te Pou Herenga Waka Ama Club Inc.	2	3:50.71	
3rd	MCLEOD, Lynara	Te Pou Herenga Waka Ama Club Inc.	4	3:53.77	
4th	HALLIGAN, Mersadies	Te Pou Herenga Waka Ama Club Inc.	5	4:03.42	
5th	RAHEKE-FARIU, Christine	Cook Islands Outriggers Association	6	4:04.76	
6th	WATENE, Tua-Iwa	Ocean Blue Sports Club	7	4:09.08	
7th	RAPANA, Juanita	Cook Islands Outriggers Association	8	4:35.48	
DNS	LOGO-OLO, Sahara	Te Paerangi Waka Ama Inc	3		

029	Int Men - W1 500	Champ Final	11:16 AM	Lane	Time
1st	HETA, Tamati	Cook Islands Outriggers Association	1	2:52.80	
*	RETI, Elite	Nga Hoe Horo Outrigger Canoe Club	9	3:14.85	
2nd	FARIU-MISIEPO, Soul	Manukau Outrigger Canoe Club	3	3:21.02	
3rd	TOLOA, Marlin	Te Pou Herenga Waka Ama Club Inc.	2	3:34.48	
4th	MORUNGA, Sonny	Te Pou Herenga Waka Ama Club Inc.	5	3:44.28	
5th	CLARK-SMITH, Caleb	Tu Tangi Ora - Waka Ama Inc.	4	3:46.26	
6th	BARRETT, Pharez	Manukau Outrigger Canoe Club	6	3:57.03	
7th	PARSONS, Liam	Te Paerangi Waka Ama Inc	7	4:05.04	
8th	PANIANI, Mathew	Te Paerangi Waka Ama Inc	8	4:13.95	

030	J16 Women - W1 500	Champ Final	11:22 AM	Lane	Time
1st	FRASER, Jae	Te Paerangi Waka Ama Inc	1	3:04.86	
2nd	PICKERING, Paris	Waitakere Outrigger Canoe Club Inc	3	3:09.54	
3rd	NGATAKI, Teagan	Te Paerangi Waka Ama Inc	4	3:13.07	
4th	HETA, Aria	Te Paerangi Waka Ama Inc	2	3:13.47	
5th	PUA, Tekira	Cook Islands Outriggers Association	5	3:19.46	
6th	SEUMALO, Sala	Te Paerangi Waka Ama Inc	7	3:21.18	
7th	MULIAGA, Nu'u	Tamaki Outrigger Canoe Club	8	3:22.84	
8th	LIUFALANI, Abigail	Manukau Outrigger Canoe Club	6	3:24.84	



RESULTS - DAY 1

2019 AROCA Regional Sprint Championships (Sanctioned)
Sat, 07 Dec 2019



031	J16 Men - W1 500	Champ Final	11:27 AM	Lane	Time
1st	GRBIC, Pharrel	Manukau Outrigger Canoe Club	1	2:52.65	
2nd	WIKI, Jakoda	Manukau Outrigger Canoe Club	5	2:53.11	
3rd	RAPANA, Isaiah	Cook Islands Outriggers Association	6	2:54.41	
4th	HEPI-NGARONGO, Jaksyn	Cook Islands Outriggers Association	2	2:56.56	
5th	RAPANA, Elijah	Cook Islands Outriggers Association	7	3:01.19	
6th	BERNARD HEKA, Ryan	Te Paerangi Waka Ama Inc	3	3:03.32	
7th	KAY, Lycan	Waitakere Outrigger Canoe Club Inc	8	3:03.73	
8th	TIMMO-COLLINS, Jonte	Cook Islands Outriggers Association	4	3:04.30	
032	U23 Women - W1 500	Heat 1 / 2	11:32 AM	Lane	Time
1st	TUMAI, Te Arawa	Cook Islands Outriggers Association	3	3:09.43	
2nd	HETA, Zane	Cook Islands Outriggers Association	2	3:14.10	
3rd	PARE, Storme	Cook Islands Outriggers Association	4	3:17.76	
4th	BOYCE, Arahina	Te Paerangi Waka Ama Inc	1	3:32.59	
033	U23 Women - W1 500	Heat 2 / 2	11:06 AM	Lane	Time
1st	TERE, Inamaru	Te Paerangi Waka Ama Inc	5	2:56.91	
2nd	VITOLIO, Koha-Alofa	Cook Islands Outriggers Association	2	3:04.91	
3rd	RAMEA ANGUS, Tiraina	Cook Islands Outriggers Association	3	3:29.25	
4th	MUAULU, Morgan	Cook Islands Outriggers Association	4	3:35.63	
5th	GLASSIE, Vanita	Aratika Water Sports Club	1	3:38.68	
034	Master Men - W1 500	Heat 1 / 4	11:45 AM	Lane	Time
1st	TUPUHI, Andrew	Manukau Outrigger Canoe Club	6	2:47.11	
2nd	ASHFORD, Jason Rei	Akarana	3	2:47.76	
3rd	MACNEIL, Will	Akarana	5	2:48.37	
4th	PAPALII, John	Akarana	1	2:49.70	
5th	TUITAKAU, Mosese	Tui Tonga Canoe Club	7	2:50.81	
6th	HARRIMAN, Courey	Manukau Outrigger Canoe Club	4	2:52.01	
7th	PEPE, Miimama	Manukau Outrigger Canoe Club	8	2:52.88	
035	Master Men - W1 500	Heat 2 / 4	11:51 AM	Lane	Time
1st	ROBERTS, Justin	Manukau Outrigger Canoe Club	1	2:34.84	
2nd	HURIHANGANUI, Fabian	Akarana	2	2:40.43	
3rd	LAUTUA, Mathew	Manukau Outrigger Canoe Club	4	2:42.98	
4th	FINAU, Fole (Daleki)	Tui Tonga Canoe Club	7	2:43.64	
5th	WHAREPAPA, Caleb	Akarana	5	2:47.51	
6th	PAUKA, Junior	Akarana	3	2:55.76	
7th	URI, Ronnie	Manukau Outrigger Canoe Club	6	2:57.53	
036	Master Men - W1 500	Heat 3 / 4	11:55 AM	Lane	Time
1st	RETI, Jason	Akarana	4	2:36.51	
2nd	WILLIAMS, Mark Malaki	Manukau Outrigger Canoe Club	2	2:39.53	
3rd	GILBERT, Kingi	Akarana	8	2:42.62	
4th	FROST, Ryan	Tui Tonga Canoe Club	1	2:47.96	
5th	SIMEON, Jackie	Akarana	7	2:52.88	
6th	TUMOANA, Tahuri	Waitakere Outrigger Canoe Club Inc	3	3:02.10	
7th	LIUFALANI, Roland	Manukau Outrigger Canoe Club	5	3:03.25	
8th	KALOLO, Tala	Akarana	6	3:22.51	



RESULTS - DAY 1

2019 AROCA Regional Sprint Championships (Sanctioned)
Sat, 07 Dec 2019



037	Master Men - W1 500	Heat 4 / 4	12:00 PM	Lane	Time
1st	FONU, Kisione	Tui Tonga Canoe Club		7	2:37.51
2nd	SALA, Michael	Akarana		5	2:43.71
3rd	AH KUOI, Jaffray	Akarana		2	2:44.43
4th	KAY, James	Akarana		3	2:48.52
5th	NGATAKI, TK	Manukau Outrigger Canoe Club		4	2:53.80
6th	SORENSEN, Blair	Manukau Outrigger Canoe Club		9	2:58.85
7th	TOLOA, Daniel	Te Pou Herenga Waka Ama Club Inc.		6	3:03.13
8th	WILSON, Anthony	Akarana		8	3:04.52
9th	TAAMARU, George	Manukau Outrigger Canoe Club		1	3:06.03
038	Master Women - W1 500	Heat 1 / 3	12:05 PM	Lane	Time
1st	GILBERT, Merenia	Taniwha Outrigger Canoe Club Inc		6	3:00.16
2nd	ROTA, Vanessa	Te Paerangi Waka Ama Inc		4	3:01.86
3rd	PUKEITI, Moana	Te Pou Herenga Waka Ama Club Inc.		7	3:16.19
4th	HAPE, Adrienne	Te Pou Herenga Waka Ama Club Inc.		3	3:16.79
5th	KAINUKU, Martha	Te Paerangi Waka Ama Inc		8	3:17.92
6th	BEAMSLEY, Sasha	Akarana		1	3:19.20
7th	NEWTON, Lynda	Portage Crossing		2	3:21.90
8th	HOTERE, Whaiora	Akarana		5	3:34.70
039	Master Women - W1 500	Heat 2 / 3	12:10 PM	Lane	Time
1st	HEKE, Yvette	Taniwha Outrigger Canoe Club Inc		2	3:05.97
2nd	MARTIN, Charlotte	Te Pou Herenga Waka Ama Club Inc.		7	3:14.58
3rd	RUKA, Auriole	Te Paerangi Waka Ama Inc		5	3:15.01
4th	NAOUPU, Toso	Te Paerangi Waka Ama Inc		1	3:16.04
5th	SOLOMON, Hana	Portage Crossing		3	3:17.86
6th	GOLDRING, Nina	Te Pou Herenga Waka Ama Club Inc.		8	3:20.36
7th	HARRIS, Puawai	Aratika Water Sports Club		4	3:22.28
8th	SILBERY, Justine	Te Pou Herenga Waka Ama Club Inc.		6	3:26.28
040	Master Women - W1 500	Heat 3 / 3	12:18 PM	Lane	Time
1st	FINLAY, Kat	Taniwha Outrigger Canoe Club Inc		8	3:01.20
2nd	GRBIC, Cheryl	Te Paerangi Waka Ama Inc		4	3:03.05
3rd	FINAU, Sarah	Tui Tonga Canoe Club		1	3:05.22
4th	NATI, Helen	Te Pou Herenga Waka Ama Club Inc.		2	3:08.30
5th	WRIGHT (HARDING), Missy	Te Paerangi Waka Ama Inc		7	3:15.22
6th	THOMPSON, Rachael	Portage Crossing		6	3:17.46
7th	EDMONDS, Nikora	Akarana		3	3:25.54
8th	NGATAKI, Veronica	Te Paerangi Waka Ama Inc		5	3:30.55
041	Snr Master Men - W1 500	Heat 1 / 3	12:23 PM	Lane	Time
1st	TERE, Maori	Akarana		6	2:38.38
2nd	TE AHUAHU, Aaron	Manukau Outrigger Canoe Club		3	2:38.61
3rd	LEMALU, Sonny	Tui Tonga Canoe Club		7	2:40.07
4th	CRIBB, Anthony	Waitakere Outrigger Canoe Club Inc		2	2:49.19
5th	GRBIC, Anthony	Manukau Outrigger Canoe Club		1	3:47.33
DNS	PHILLIPS, Sean	Manukau Outrigger Canoe Club		4	
DNS	CORNWALL, Kraig	Akarana		5	



RESULTS - DAY 1

2019 AROCA Regional Sprint Championships (Sanctioned)
Sat, 07 Dec 2019



042	Snr Master Men - W1 500	Heat 2 / 3	12:28 PM	Lane	Time
1st	JONES, Greg Aussie	Akarana		7	2:26.88
2nd	STIRLING, Glenn	Taniwha Outrigger Canoe Club Inc		2	2:27.38
3rd	URLICH, Richie	Akarana		6	2:27.75
4th	SILIAR, Mii	Manukau Outrigger Canoe Club		4	2:42.13
5th	KIATA, Newmen	Manukau Outrigger Canoe Club		1	2:42.58
6th	TOGIAMUA, Walter	Manukau Outrigger Canoe Club		5	2:47.07
7th	TEAURAKI, Tui Daniels	Cook Islands Outriggers Association		3	3:09.16
043	Snr Master Men - W1 500	Heat 3 / 3	12:34 PM	Lane	Time
1st	PETERSEN, Brett	Manukau Outrigger Canoe Club		5	2:32.88
2nd	FINAU, Ben	Taniwha Outrigger Canoe Club Inc		3	2:33.83
3rd	WEISS, Mike	Akarana		7	2:34.36
4th	TAIA, Naio	Manukau Outrigger Canoe Club		1	2:35.66
5th	POIMAFITI, Lee	Akarana		2	2:37.24
6th	ORCHARD, Barrie	Ocean Blue Sports Club		6	2:42.15
044	Snr Master Women - W1 500	Heat 1 / 3	12:39 PM	Lane	Time
1st	GORDON-GLASSFORD, Ari	Taniwha Outrigger Canoe Club Inc		3	2:46.82
2nd	HOWE, Maraea	Te Pou Herenga Waka Ama Club Inc.		2	2:56.89
3rd	MISIPEKA, Karyn	Te Paerangi Waka Ama Inc		6	3:00.03
4th	BERRYMAN, Kay	Te Paerangi Waka Ama Inc		4	3:00.75
5th	SMITH, Wendy	Portage Crossing		1	3:02.38
6th	OLIPHANT, Jeannie	Ocean Blue Sports Club		7	3:29.69
7th	HEPI, Tessa	Cook Islands Outriggers Association		5	4:23.06
045	Snr Master Women - W1 500	Heat 2 / 3	12:45 PM	Lane	Time
1st	COOPER, Pene	Te Paerangi Waka Ama Inc		4	2:55.95
2nd	MONGA, Bettyanne	Portage Crossing		1	2:57.88
3rd	TIPENE, Jillian	Portage Crossing		6	3:01.11
4th	PENEHIRA, Mera	Ocean Blue Sports Club		7	3:06.22
5th	CRIBB, Jacqui	Ocean Blue Sports Club		2	3:21.17
6th	MARTIN, Poaru	Cook Islands Outriggers Association		5	3:48.95
046	Snr Master Women - W1 500	Heat 3 / 3	12:51 PM	Lane	Time
1st	TE PAA, Sugar	Taniwha Outrigger Canoe Club Inc		7	2:52.02
2nd	WERE, Georgie	Portage Crossing		6	2:54.51
3rd	SQUIRES, Helen	Ocean Blue Sports Club		1	2:55.57
4th	ALBERT, Tania	Ocean Blue Sports Club		3	3:02.28
5th	O'BRIEN, Bridget	Portage Crossing		2	3:07.63
6th	HAWKE, Sharon	Ocean Blue Sports Club		5	3:18.00
7th	MATTHEWS, Carolyn	Te Paerangi Waka Ama Inc		4	3:18.50



RESULTS - DAY 1

2019 AROCA Regional Sprint Championships (Sanctioned)
Sat, 07 Dec 2019



047	Gld Master Women - W1 500	Heat 1 / 2	1:09 PM	Lane	Time
1st	GILLINGHAM, Marianne	Waitakere Outrigger Canoe Club Inc	1	3:04.55	
2nd	KAIRUA, Nana	Pakuranga Outrigger Canoe Club	3	3:07.27	
3rd	DE JONG, Elizabeth	Waitakere Outrigger Canoe Club Inc	2	3:11.18	
4th	ASH, Les	Taniwha Outrigger Canoe Club Inc	5	3:28.90	
DNS	STRICKLAND, Anita	Waitakere Outrigger Canoe Club Inc	4		
048	Gld Master Women - W1 500	Heat 2 / 2	null	Lane	Time
1st	TANE, Liz	Taniwha Outrigger Canoe Club Inc	4	3:21.87	
2nd	FLAVELL, Vicki	Waitakere Outrigger Canoe Club Inc	3	3:22.60	
3rd	TOMULI, Linda	Waitakere Outrigger Canoe Club Inc	2	3:43.00	
4th	HADRUP, Lyn	Waitakere Outrigger Canoe Club Inc	1	4:20.91	
049	Premier Women - W1 500	Heat 1 / 2	1:21 PM	Lane	Time
*	RETI, Chev	Nga Hoe Horo Outrigger Canoe Club	1	2:54.25	
1st	MCDUFF, Jess	Taniwha Outrigger Canoe Club Inc	5	2:59.07	
2nd	SILVA, Maggie	Portage Crossing	4	3:08.08	
3rd	VEHIKITE, Sci	Tui Tonga Canoe Club	3	3:17.46	
4th	HEPI-NGARONGO, Hazel	Te Paerangi Waka Ama Inc	2	3:18.92	
5th	BROWN, Harata	Waitakere Outrigger Canoe Club Inc	7	3:59.79	
DNS	WARBRICK, Sharnee	Te Paerangi Waka Ama Inc	6		
050	Premier Women - W1 500	Heat 2 / 2	1:26 PM	Lane	Time
1st	MARQUET, Brittany	Taniwha Outrigger Canoe Club Inc	3	2:46.05	
2nd	HELMICH, Emma	Taniwha Outrigger Canoe Club Inc	1	2:54.22	
3rd	METI, Ma	Orakei Water Sports	2	2:58.39	
4th	HOBSON, Angela	Tamaki Outrigger Canoe Club	4	3:09.02	
5th	WILLIAMS, Kathy	Portage Crossing	6	3:09.90	
6th	KOOPU-STONE, Waimirirangi	Te Paerangi Waka Ama Inc	5	3:14.78	
051	Premier Men - W1 500	Heat 1 / 3	1:31 PM	Lane	Time
1st	RUKA, Jamille	Akarana	4	2:25.52	
2nd	ARAI, Michel	Akarana	3	2:25.82	
3rd	SMITH, Vance	Manukau Outrigger Canoe Club	1	2:30.96	
4th	LEWIS, TK Tuhaka	Akarana	2	2:32.54	
5th	WOLFGRAM, Simon	Akarana	5	2:34.47	
6th	HU, Hao	Manukau Outrigger Canoe Club	6	2:37.80	
052	Premier Men - W1 500	Heat 2 / 3	1:35 PM	Lane	Time
1st	MILLON, Manutea	Akarana	2	2:15.41	
2nd	TERE, Tere	Akarana	3	2:23.87	
3rd	PERESE, Joshua	Manukau Outrigger Canoe Club	6	2:25.03	
4th	TAMANUI-FRANSEN, Sjimmy	Manukau Outrigger Canoe Club	5	2:30.33	
5th	BEDGGOOD, Kereama	Akarana	1	2:34.13	



RESULTS - DAY 1

2019 AROCA Regional Sprint Championships (Sanctioned)
Sat, 07 Dec 2019



053	Premier Men - W1 500	Heat 3 / 3	1:39 PM	Lane	Time
1st	PETERSEN, Julius	Manukau Outrigger Canoe Club		4	2:22.40
2nd	WAINUI, Luke	Akarana		3	2:23.54
3rd	ADAMS, Alex	Akarana		1	2:27.54
4th	MONK, Paora	Akarana		2	2:31.06
5th	HARRIMAN, Dave	Akarana		5	2:39.93
054	J19 Women - W1 500	Champ Final	1:44 PM	Lane	Time
1st	NGAWAKA, Reneeah	Te Paerangi Waka Ama Inc		1	2:46.92
2nd	NOBLE, Imogene	Te Paerangi Waka Ama Inc		2	2:48.07
3rd	BEN, Jeneva	Te Paerangi Waka Ama Inc		4	2:48.90
4th	TIMMO-COLLINS, Grace	Te Paerangi Waka Ama Inc		3	2:49.37
5th	PHILLIPS, Maria	Te Paerangi Waka Ama Inc		6	2:56.60
6th	BERRYMAN, Pounamu	Te Paerangi Waka Ama Inc		7	2:58.56
7th	FIDOW, Nirvana	Manukau Outrigger Canoe Club		8	2:59.98
8th	PIHAMA, Ngawairere	Waitakere Outrigger Canoe Club Inc		5	3:00.43
055	J19 Men - W1 500	Champ Final	1:50 PM	Lane	Time
1st	SUITAULO, Jake	Manukau Outrigger Canoe Club		2	2:20.74
2nd	NGATAKI, Kacey	Manukau Outrigger Canoe Club		1	2:21.58
3rd	PEYROUX, Jezius	Manukau Outrigger Canoe Club		3	2:22.14
4th	TANIRAU, Tawhai	Waitakere Outrigger Canoe Club Inc		4	2:32.23
5th	MANUKA, Richard	Aratika Water Sports Club		5	2:33.01
6th	TE NAMU, Harlem	Manukau Outrigger Canoe Club		6	2:35.49
7th	TAKA-BROWN, Ihaka	Waitakere Outrigger Canoe Club Inc		7	2:36.40
8th	WATENE, Gianni	Waitakere Outrigger Canoe Club Inc		8	2:38.51
056	U23 Women - W1 500	Champ Final	1:54 PM	Lane	Time
1st	TERE, Inamaru	Te Paerangi Waka Ama Inc		1	2:41.43
2nd	VITOLIO, Koha-Alofa	Cook Islands Outriggers Association		3	2:43.11
3rd	TUMAI, Te Arawa	Cook Islands Outriggers Association		2	2:48.38
4th	HETA, Zane	Cook Islands Outriggers Association		4	2:53.11
5th	PARE, Storme	Cook Islands Outriggers Association		5	2:57.90
6th	BOYCE, Arahina	Te Paerangi Waka Ama Inc		7	3:02.10
7th	RAMEA ANGUS, Tiraina	Cook Islands Outriggers Association		6	3:06.16
8th	MUAULU, Morgan	Cook Islands Outriggers Association		8	3:07.21
057	U23 Men - W1 500	St Final	1:59 PM	Lane	Time
1st	HELLESOE, Marcel	Manukau Outrigger Canoe Club		4	2:24.47
2nd	KINGI ABRAHAM, Zane	Manukau Outrigger Canoe Club		2	2:25.31
3rd	PAKINGA, Piripi	Akarana		8	2:28.24
4th	GLASSIE, KaHana	Waitakere Outrigger Canoe Club Inc		3	2:42.80
5th	FAAIUASO-KALOLO, Diego	Manukau Outrigger Canoe Club		7	2:43.12
6th	TAKA-BROWN, Wetere	Akarana		5	2:44.71
7th	TALIMAO-VILIAMU, Storm	Manukau Outrigger Canoe Club		6	2:47.34
8th	COLLINS, Micah	Manukau Outrigger Canoe Club		1	2:48.68



RESULTS - DAY 1

2019 AROCA Regional Sprint Championships (Sanctioned)
Sat, 07 Dec 2019



058	Master 70 Women - W1 500	St Final	2:08 PM	Lane	Time
1st	HILDEBRANDT, Katja	Waitakere Outrigger Canoe Club Inc	2	3:15.25	
2nd	CARNE, Sherry	Waitakere Outrigger Canoe Club Inc	1	3:17.48	
3rd	HOWAT, Lesley	Waitakere Outrigger Canoe Club Inc	6	3:21.42	
4th	WEBSTER, Liz	Waitakere Outrigger Canoe Club Inc	3	3:29.20	
5th	HOLMES, Lesley	Waitakere Outrigger Canoe Club Inc	4	3:35.91	
6th	MCFARLAND, Lynley	Waitakere Outrigger Canoe Club Inc	5	3:49.59	
059	Master 70 Men - W1 500	St Final	2:13 PM	Lane	Time
1st	ATKINS, Skin	Taniwha Outrigger Canoe Club Inc	1	2:46.59	
2nd	PALMER, Bunny	Taniwha Outrigger Canoe Club Inc	2	2:54.54	
3rd	SYMONS, Charlie	Taniwha Outrigger Canoe Club Inc	3	3:05.05	
4th	O'MARA, Kev	Aratika Water Sports Club	4	3:29.63	
060	Gld Master Women - W1 500	Champ Final	2:23 PM	Lane	Time
1st	TANE, Liz	Taniwha Outrigger Canoe Club Inc	2	2:53.50	
2nd	GILLINGHAM, Marianne	Waitakere Outrigger Canoe Club Inc	1	3:02.16	
3rd	KAIRUA, Nana	Pakuranga Outrigger Canoe Club	3	3:06.30	
4th	ASH, Les	Taniwha Outrigger Canoe Club Inc	6	3:10.19	
5th	FLAVELL, Vicki	Waitakere Outrigger Canoe Club Inc	5	3:11.78	
6th	DE JONG, Elizabeth	Waitakere Outrigger Canoe Club Inc	4	3:12.41	
7th	TOMULI, Linda	Waitakere Outrigger Canoe Club Inc	7	3:14.57	
8th	HADRUP, Lyn	Waitakere Outrigger Canoe Club Inc	8	3:47.01	
061	Gld Master Men - W1 500	St Final	2:18 PM	Lane	Time
1st	BREWSTER, Filipo	Taniwha Outrigger Canoe Club Inc	6	2:42.33	
2nd	HAKU, Whitiara	Taniwha Outrigger Canoe Club Inc	4	2:42.48	
3rd	KEE, Peter	Manukau Outrigger Canoe Club	3	2:42.95	
4th	WIKIRIWHI, Eru	Taniwha Outrigger Canoe Club Inc	1	2:43.88	
5th	ASH, Phil	Taniwha Outrigger Canoe Club Inc	5	2:47.56	
062	Snr Master Women - W1 500	Champ Final	2:29 PM	Lane	Time
1st	GORDON-GLASSFORD, Ari	Taniwha Outrigger Canoe Club Inc	1	2:44.86	
2nd	TE PAA, Sugar	Taniwha Outrigger Canoe Club Inc	2	2:47.06	
3rd	WERE, Georgie	Portage Crossing	4	2:48.87	
4th	SQUIRES, Helen	Ocean Blue Sports Club	5	2:50.73	
5th	COOPER, Pene	Te Paerangi Waka Ama Inc	3	2:53.53	
6th	MISIPEKA, Karyn	Te Paerangi Waka Ama Inc	8	2:55.15	
7th	MONGA, Bettyanne	Portage Crossing	7	2:55.98	
8th	HOWE, Maraea	Te Pou Herenga Waka Ama Club Inc.	6	2:56.73	
063	Snr Master Men - W1 500	Champ Final	2:34 PM	Lane	Time
1st	URLICH, Richie	Akarana	5	2:25.16	
2nd	JONES, Greg Aussie	Akarana	1	2:25.73	
3rd	PETERSEN, Brett	Manukau Outrigger Canoe Club	2	2:29.07	
4th	FINAU, Ben	Taniwha Outrigger Canoe Club Inc	6	2:29.45	
5th	TERE, Maori	Akarana	3	2:29.88	
6th	STIRLING, Glenn	Taniwha Outrigger Canoe Club Inc	4	2:30.21	
7th	WEISS, Mike	Akarana	7	2:34.60	
8th	TAIA, Naio	Manukau Outrigger Canoe Club	8	2:35.46	



RESULTS - DAY 1

2019 AROCA Regional Sprint Championships (Sanctioned)
Sat, 07 Dec 2019



064	Master Women - W1 500	Champ Final	2:39 PM	Lane	Time
1st	FINLAY, Kat	Taniwha Outrigger Canoe Club Inc	2	2:42.94	
2nd	GRBIC, Cheryl	Te Paerangi Waka Ama Inc	5	2:44.25	
3rd	GILBERT, Merenia	Taniwha Outrigger Canoe Club Inc	1	2:44.97	
4th	HEKE, Yvette	Taniwha Outrigger Canoe Club Inc	3	2:45.44	
5th	FINAU, Sarah	Tui Tonga Canoe Club	6	2:48.26	
6th	ROTA, Vanessa	Te Paerangi Waka Ama Inc	4	2:49.06	
7th	NATI, Helen	Te Pou Herenga Waka Ama Club Inc.	7	2:57.57	
8th	MARTIN, Charlotte	Te Pou Herenga Waka Ama Club Inc.	8	3:00.01	
065	Master Men - W1 500	Champ Final	2:43 PM	Lane	Time
1st	RETI, Jason	Akarana	2	2:21.44	
2nd	GILBERT, Kingi	Akarana	7	2:21.80	
3rd	FONU, Kisione	Tui Tonga Canoe Club	3	2:22.12	
4th	WILLIAMS, Mark Malaki	Manukau Outrigger Canoe Club	5	2:22.41	
5th	ROBERTS, Justin	Manukau Outrigger Canoe Club	1	2:23.80	
6th	HURIHANGANUI, Fabian	Akarana	6	2:28.21	
7th	TUPUHI, Andrew	Manukau Outrigger Canoe Club	4	2:32.58	
8th	LAUTUA, Mathew	Manukau Outrigger Canoe Club	8	2:35.51	
066	Premier Women - W1 500	Champ Final	2:49 PM	Lane	Time
1st	MARQUET, Brittany	Taniwha Outrigger Canoe Club Inc	1	2:35.43	
2nd	MCDUFF, Jess	Taniwha Outrigger Canoe Club Inc	2	2:39.58	
3rd	HELMICH, Emma	Taniwha Outrigger Canoe Club Inc	3	2:45.98	
4th	METI, Ma	Orakei Water Sports	4	2:49.49	
5th	SILVA, Maggie	Portage Crossing	5	2:52.78	
6th	WILLIAMS, Kathy	Portage Crossing	7	2:59.87	
7th	HOBSON, Angela	Tamaki Outrigger Canoe Club	6	3:00.20	
8th	KOOPU-STONE, Waimirirangi	Te Paerangi Waka Ama Inc	8	3:04.40	
067	Premier Men - W1 500	Champ Final	2:54 PM	Lane	Time
1st	MILLON, Manutea	Akarana	1	2:11.38	
2nd	TERE, Tere	Akarana	5	2:14.70	
3rd	PETERSEN, Julius	Manukau Outrigger Canoe Club	2	2:15.00	
4th	PERESE, Joshua	Manukau Outrigger Canoe Club	6	2:16.57	
5th	WAINUI, Luke	Akarana	4	2:17.06	
6th	RUKA, Jamille	Akarana	3	2:18.19	
7th	ARAI, Michel	Akarana	7	2:21.74	
8th	ADAMS, Alex	Akarana	8	2:25.83	
068	J19 Women Dash - W1 250	Heat 1 / 5	null	Lane	Time
1st	FRASER, Jae	Te Paerangi Waka Ama Inc	7	1:13.48	
2nd	NGAWAKA, Reneeah	Te Paerangi Waka Ama Inc	6	1:16.50	
3rd	WATENE, O'ceanea	Cook Islands Outriggers Association	8	1:19.04	
4th	MARSTERS-HEREWINI, De	Waitakere Outrigger Canoe Club Inc	11	1:22.75	
5th	LIUFALANI, Abigail	Manukau Outrigger Canoe Club	10	1:23.60	
6th	ARONA, Kaiah	Te Paerangi Waka Ama Inc	4	1:24.35	
7th	SEUMALO, Sala	Te Paerangi Waka Ama Inc	5	1:24.54	
8th	SMITH, Serenity	Tamaki Outrigger Canoe Club	9	1:25.08	
9th	ROSIEUR, Mereana	Manukau Outrigger Canoe Club	3	1:30.14	



RESULTS - DAY 1

2019 AROCA Regional Sprint Championships (Sanctioned)
Sat, 07 Dec 2019



069	J19 Women Dash - W1 250	Heat 2 / 5	null	Lane	Time
1st	NOBLE, Imogene	Te Paerangi Waka Ama Inc		5	1:18.24
2nd	BEN, Jeneva	Te Paerangi Waka Ama Inc		2	1:19.42
3rd	TUMOANA, Te Ua	Waitakere Outrigger Canoe Club Inc		3	1:23.61
4th	WATENE, Taylar-Jade	Cook Islands Outriggers Association		10	1:24.70
5th	HETA, Aria	Te Paerangi Waka Ama Inc		1	1:26.00
6th	HILL, Anya	Cook Islands Outriggers Association		7	1:26.52
7th	LIUFALANI, Ahomai	Manukau Outrigger Canoe Club		6	1:26.96
8th	CROSSAN, Elysia	Waitakere Outrigger Canoe Club Inc		4	1:39.30
9th	TAIONE, Iyla	Te Paerangi Waka Ama Inc		8	1:56.68
070	J19 Women Dash - W1 250	Heat 3 / 5	null	Lane	Time
1st	LIUFALANI, Teina	Manukau Outrigger Canoe Club		8	1:19.45
2nd	NEPE-ARMITT, Hinemaia	Waitakere Outrigger Canoe Club Inc		5	1:22.32
3rd	BROWN-WILSON, Casey	Te Paerangi Waka Ama Inc		7	1:26.30
4th	HAKARAIA-TURNER, Ciccone	Waitakere Outrigger Canoe Club Inc		10	1:28.24
5th	FARIU, Mercy River	Manukau Outrigger Canoe Club		6	1:28.76
6th	MUAULU, Morgan	Cook Islands Outriggers Association		9	1:28.95
7th	TE-PUIA-AFOA, Tahnee	Te Paerangi Waka Ama Inc		4	1:29.30
8th	LAM, Victoria-Leigh	Tamaki Outrigger Canoe Club		2	1:31.54
9th	KARAKA-WHITTAKER, Kata	Te Paerangi Waka Ama Inc		1	1:37.37
071	J19 Women Dash - W1 250	Heat 4 / 5	null	Lane	Time
1st	BERRYMAN, Pounamu	Te Paerangi Waka Ama Inc		8	1:20.10
2nd	TIMMO-COLLINS, Grace	Te Paerangi Waka Ama Inc		6	1:20.48
3rd	PHILLIPS, Maria	Te Paerangi Waka Ama Inc		2	1:21.22
4th	MORETE, Taylynn	Te Paerangi Waka Ama Inc		1	1:21.48
5th	MULIAGA, Nu'u	Tamaki Outrigger Canoe Club		9	1:21.99
6th	PERETINI, Clare	Manukau Outrigger Canoe Club		10	1:22.14
7th	HOHUA-KORA, Kaya	Waitakere Outrigger Canoe Club Inc		3	1:22.76
8th	FIDOW, Nirvana	Manukau Outrigger Canoe Club		7	1:26.30
9th	PUA, Tekira	Cook Islands Outriggers Association		4	1:26.84
10th	BROWN-WILSON, Marley	Te Paerangi Waka Ama Inc		5	1:36.03
072	J19 Women Dash - W1 250	Heat 5 / 5	3:48 PM	Lane	Time
1st	NGATAKI, Teagan	Te Paerangi Waka Ama Inc		5	1:17.56
2nd	PIHAMA, Ngawairere	Waitakere Outrigger Canoe Club Inc		8	1:18.05
3rd	RAMEA ANGUS, Matangaro	Te Paerangi Waka Ama Inc		9	1:19.72
4th	TAOIRANGI-TIAKIWAI, Helena	Manukau Outrigger Canoe Club		3	1:20.19
5th	TUROA, Cheyenne	Te Paerangi Waka Ama Inc		1	1:22.63
6th	RAMEA ANGUS, Tiraina	Cook Islands Outriggers Association		7	1:26.86
7th	LEMALU, Vivian	Manukau Outrigger Canoe Club		6	1:34.86
DNS	FAAPELELE, Nataria	Te Paerangi Waka Ama Inc		4	



RESULTS - DAY 1

2019 AROCA Regional Sprint Championships (Sanctioned)
Sat, 07 Dec 2019



073	J19 Men Dash - W1 250	Heat 1 / 5	null Lane	Time
1st	SUITAULOVA, Jake	Manukau Outrigger Canoe Club	5	1:07.22
2nd	HEPI-NGARONGO, Jaksyn	Cook Islands Outriggers Association	1	1:13.69
3rd	TAIPARI, Damethias	Waitakere Outrigger Canoe Club Inc	9	1:14.51
4th	RAPANA, Isaiah	Cook Islands Outriggers Association	7	1:15.22
5th	KAY, Lycan	Waitakere Outrigger Canoe Club Inc	4	1:16.23
6th	WHAANGA, Ben	Manukau Outrigger Canoe Club	8	1:18.29
7th	BARRETT, Azlan	Manukau Outrigger Canoe Club	11	1:19.47
8th	BENNETT, Brodie	Waitakere Outrigger Canoe Club Inc	2	1:20.28
9th	PANIANI, Augustine	Te Paerangi Waka Ama Inc	3	1:26.31
10th	COOPER, Christian	Tui Tonga Canoe Club	10	1:37.05
074	J19 Men Dash - W1 250	Heat 2 / 5	null Lane	Time
1st	NGATAKI, Kacey	Manukau Outrigger Canoe Club	10	1:03.04
2nd	TAKA-BROWN, Ihaka	Waitakere Outrigger Canoe Club Inc	5	1:07.79
3rd	MACGREGOR, Kazin	Waitakere Outrigger Canoe Club Inc	4	1:09.48
4th	CHASE, Kaya	Manukau Outrigger Canoe Club	11	1:12.83
5th	WIKI, Jakoda	Manukau Outrigger Canoe Club	6	1:14.50
6th	FRUEAN, Nicolas	Waitakere Outrigger Canoe Club Inc	1	1:15.63
7th	TALIMAO-VILIAMU, Storm	Manukau Outrigger Canoe Club	2	1:18.48
8th	PAREANGA, Teremoana	Te Paerangi Waka Ama Inc	9	1:21.64
9th	MARTIN, Jaydon	Cook Islands Outriggers Association	3	1:24.25
10th	SMITH, Hayden	Cook Islands Outriggers Association	7	1:25.00
075	J19 Men Dash - W1 250	Heat 3 / 5	4:07 PM Lane	Time
1st	PEYROUX, Jezius	Manukau Outrigger Canoe Club	1	1:02.55
2nd	TANIRAU, Tawhai	Waitakere Outrigger Canoe Club Inc	7	1:07.17
3rd	TE NAMU, Harlem	Manukau Outrigger Canoe Club	9	1:09.77
4th	NATHAN, Tai	Waitakere Outrigger Canoe Club Inc	5	1:10.00
5th	WILSON, Mahaki	Manukau Outrigger Canoe Club	4	1:11.81
6th	HEEM, Windsor	Waitakere Outrigger Canoe Club Inc	2	1:13.18
7th	COLLINS, Micah	Manukau Outrigger Canoe Club	6	1:14.36
8th	MARTIN, Tangi	Cook Islands Outriggers Association	8	1:17.04
9th	TIMMO-COLLINS, Jonte	Cook Islands Outriggers Association	3	1:20.21
076	J19 Men Dash - W1 250	Heat 4 / 5	null Lane	Time
1st	MANUKA, Richard	Aratika Water Sports Club	5	1:08.85
2nd	CAMERON, Jake	Tu Tangi Ora - Waka Ama Inc.	2	1:12.68
3rd	FAAIUASO-KALOLO, Diego	Manukau Outrigger Canoe Club	3	1:13.24
4th	PAKINGA, Adrian	Waitakere Outrigger Canoe Club Inc	8	1:17.39
5th	SAVAGE, Nepia	Manukau Outrigger Canoe Club	11	1:18.35
6th	HEEM, Wiremu	Waitakere Outrigger Canoe Club Inc	7	1:18.75
7th	TE TUPUARIKI, Roriki	Manukau Outrigger Canoe Club	6	1:20.68
8th	MATENE, Tyton	Cook Islands Outriggers Association	4	1:24.12
9th	TAUREREW, Tuwharetoa	Waitakere Outrigger Canoe Club Inc	10	1:26.43



RESULTS - DAY 1

2019 AROCA Regional Sprint Championships (Sanctioned)
Sat, 07 Dec 2019



077	J19 Men Dash - W1 250	Heat 5 / 5	null	Lane	Time
1st	HOUIA, Anaru	Waitakere Outrigger Canoe Club Inc	8		1:07.68
2nd	WATENE, Gianni	Waitakere Outrigger Canoe Club Inc	7		1:09.35
3rd	SINGE, Noah	Te Pou Herenga Waka Ama Club Inc.	4		1:09.89
4th	VAIHU, Vincent	Manukau Outrigger Canoe Club	5		1:10.15
5th	BERNARD HEKA, Ryan	Te Paerangi Waka Ama Inc	9		1:11.00
6th	GRBIC, Pharrel	Manukau Outrigger Canoe Club	3		1:11.98
7th	ROBERTS, Noah	Waitakere Outrigger Canoe Club Inc	6		1:12.35
8th	OLIVER-CHAMBERS, Oscar	Tu Tangi Ora - Waka Ama Inc.	2		1:12.51
9th	RAPANA, Elijah	Cook Islands Outriggers Association	1		1:16.48
078	Premier Women Dash - W1 250	Heat 1 / 4	null	Lane	Time
1st	MARQUET, Brittany	Taniwha Outrigger Canoe Club Inc	8		1:13.27
2nd	TUMAI, Te Arawa	Cook Islands Outriggers Association	7		1:17.09
3rd	ROTA, Vanessa	Te Paerangi Waka Ama Inc	11		1:18.43
4th	BERRYMAN, Pounamu	Te Paerangi Waka Ama Inc	2		1:19.73
5th	GORDON-GLASSFORD, Ari	Taniwha Outrigger Canoe Club Inc	1		1:20.87
6th	BROWN, Harata	Waitakere Outrigger Canoe Club Inc	10		1:20.99
7th	WRIGHT (HARDING), Missy	Te Paerangi Waka Ama Inc	4		1:21.09
8th	HEPI-NGARONGO, Hazel	Te Paerangi Waka Ama Inc	5		1:21.77
9th	SOLOMON, Hana	Portage Crossing	6		1:24.32
10th	NEWTON, Lynda	Portage Crossing	3		1:25.30
11th	WILLIAMS, Kathy	Portage Crossing	9		1:25.69
079	Premier Women Dash - W1 250	Heat 2 / 4	4:31 PM	Lane	Time
1st	VITOLIO, Koha-Alofa	Cook Islands Outriggers Association	5		1:15.24
2nd	HEKE, Yvette	Taniwha Outrigger Canoe Club Inc	3		1:16.39
3rd	HETA, Zane	Cook Islands Outriggers Association	8		1:17.09
*	RETI, Chev	Nga Hoe Horo Outrigger Canoe Club	9		1:17.44
4th	KAINUKU, Martha	Te Paerangi Waka Ama Inc	7		1:19.16
5th	RUKA, Auriole	Te Paerangi Waka Ama Inc	4		1:20.40
6th	THOMPSON, Rachael	Portage Crossing	1		1:24.25
7th	EDMONDS, Nikora	Akarana	2		1:25.55
8th	O'BRIEN, Bridget	Portage Crossing	6		1:27.06
080	Premier Women Dash - W1 250	Heat 3 / 4	4:38 PM	Lane	Time
1st	TERE, Inamaru	Te Paerangi Waka Ama Inc	9		1:16.86
2nd	METI, Ma	Orakei Water Sports	3		1:20.40
3rd	HELMICH, Emma	Taniwha Outrigger Canoe Club Inc	5		1:20.87
4th	KOOPU-STONE, Waimirangi	Te Paerangi Waka Ama Inc	2		1:26.38
5th	HOBSON, Angela	Tamaki Outrigger Canoe Club	7		1:26.99
6th	BOYCE, Arahina	Te Paerangi Waka Ama Inc	8		1:27.44
7th	TIPENE, Jillian	Portage Crossing	6		1:27.93



RESULTS - DAY 1

2019 AROCA Regional Sprint Championships (Sanctioned)
Sat, 07 Dec 2019



081	Premier Women Dash - W1 250	Heat 4 / 4	4:46 PM	Lane	Time
1st	GRBIC, Cheryl	Te Paerangi Waka Ama Inc		4	1:17.69
2nd	MCDUFF, Jess	Taniwha Outrigger Canoe Club Inc		8	1:18.90
3rd	PARE, Storme	Cook Islands Outriggers Association		1	1:20.64
4th	WERE, Georgie	Portage Crossing		6	1:21.23
5th	NAOUPU, Toso	Te Paerangi Waka Ama Inc		7	1:22.54
6th	MONGA, Bettyanne	Portage Crossing		2	1:25.16
7th	BEAMSLEY, Sasha	Akarana		9	1:26.32
8th	ALBERT, Tania	Ocean Blue Sports Club		3	1:28.37
082	Premier Men Dash - W1 250	Heat 1 / 6	4:51 PM	Lane	Time
1st	PERESE, Joshua	Manukau Outrigger Canoe Club		6	1:05.91
2nd	TERE, Tere	Akarana		1	1:06.51
3rd	KINGI ABRAHAM, Zane	Manukau Outrigger Canoe Club		5	1:08.03
4th	ADAMS, Alex	Akarana		3	1:09.97
5th	RETI, Jason	Akarana		4	1:10.40
6th	LEWIS, TK Tuhaka	Akarana		2	1:10.84
083	Premier Men Dash - W1 250	Heat 2 / 6	4:59 PM	Lane	Time
1st	MILLON, Manutea	Akarana		2	1:03.58
2nd	RUKA, Jamille	Akarana		3	1:06.29
3rd	AH KUOI, Jaffray	Akarana		1	1:12.46
4th	GRBIC, Anthony	Manukau Outrigger Canoe Club		7	1:13.97
5th	URLICH, Richie	Akarana		5	1:14.29
6th	LAUTUA, Mathew	Manukau Outrigger Canoe Club		4	1:14.72
7th	WILSON, Anthony	Akarana		6	1:22.15
8th	TAAMARU, George	Manukau Outrigger Canoe Club		8	1:25.59
084	Premier Men Dash - W1 250	Heat 3 / 6	5:04 PM	Lane	Time
1st	PETERSEN, Julius	Manukau Outrigger Canoe Club		4	1:03.73
2nd	WILLIAMS, Mark Malaki	Manukau Outrigger Canoe Club		3	1:06.24
3rd	WAINUI, Luke	Akarana		9	1:07.51
4th	ARAI, Michel	Akarana		1	1:07.91
5th	MONK, Paora	Akarana		2	1:10.03
6th	SALA, Michael	Akarana		7	1:10.44
7th	HURIHANGANUI, Fabian	Akarana		6	1:11.09
8th	TAIA, Naio	Manukau Outrigger Canoe Club		8	1:13.67
9th	LIUFALANI, Roland	Manukau Outrigger Canoe Club		5	1:16.68
085	Premier Men Dash - W1 250	Heat 4 / 6	5:09 PM	Lane	Time
1st	PAKINGA, Piripi	Akarana		1	1:04.96
2nd	HELLESOE, Marcel	Manukau Outrigger Canoe Club		7	1:05.54
3rd	JONES, Greg Aussie	Akarana		8	1:08.21
4th	ASHFORD, Jason Rei	Akarana		4	1:10.67
5th	NGATAKI, TK	Manukau Outrigger Canoe Club		6	1:11.09
6th	SIMEON, Jackie	Akarana		5	1:11.53
7th	TEAURAKI, Tui Daniels	Cook Islands Outriggers Association		2	1:24.59



RESULTS - DAY 1

2019 AROCA Regional Sprint Championships (Sanctioned)
Sat, 07 Dec 2019



086	Premier Men Dash - W1 250	Heat 5 / 6	5:13 PM	Lane	Time
1st	BEDGGOOD, Kereama	Akarana		6	1:05.13
2nd	TAMANUI-FRANSEN, Sjimmy	Manukau Outrigger Canoe Club		4	1:06.05
3rd	HU, Hao	Manukau Outrigger Canoe Club		1	1:08.81
4th	GLASSIE, KaHana	Waitakere Outrigger Canoe Club Inc		5	1:09.89
5th	WHAREPAPA, Caleb	Akarana		3	1:11.51
6th	TAKA-BROWN, Wetere	Akarana		7	1:13.96
7th	KALOLO, Tala	Akarana		2	1:20.85
087	Premier Men Dash - W1 250	Heat 6 / 6	5:19 PM	Lane	Time
1st	FONUUA, Kisione	Tui Tonga Canoe Club		2	1:09.07
2nd	SMITH, Vance	Manukau Outrigger Canoe Club		5	1:10.47
3rd	WOLFGRAM, Simon	Akarana		1	1:13.57
4th	TERE, Maori	Akarana		3	1:13.87
5th	PEPE, Miimama	Manukau Outrigger Canoe Club		4	1:14.35
6th	KAY, James	Akarana		7	1:14.85
7th	PAUKA, Junior	Akarana		6	1:15.72